

CPR/AED GUIDELINES



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Sudden Cardiac Arrest Treatment

If the Victim displays the following signs:

1. Unconscious
2. Not responsive
3. Not breathing normally

Steps you should do:

1. Call 911 and get help
2. Obtain an AED (Automatic External Defibrillator)
3. Start hands-only compression CPR (Place hands in the center of the chest and press hard (about 2" deep) and fast (about 100 compressions per minute))
4. When AED arrives, turn it on and follow all voice prompts until 911 arrives

